



# VOICE OF BRIGHT

NEWSLETTER

*A PUBLICATION FOR AND BY THE COMMUNITY AT BRIGHT FOUNDATION SCHOOL*

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*ANNIVERSARY EDITION*

*June 2026*



# MARK YOUR CALENDARS!

## June

**5th**

World Environment Day

**13th**

Student Council Election



**21st**

International Yoga Day

**22nd-26th**

Summer Camp

**22nd-4th (July)**

Summer Vacation

## July

**10th**

Idea Competition

**13th**

P.A. II Commencement

**25th**

Art Competition

**16th**

Kang Chingba



## August

**1st**

Recitation Competition

**8th**

Rhymes Competition

**13th**

- Patriots' Day
- National Library Day
- Handwriting Competition
- Story-telling Competition



**15th**

Independence Day

**20th onwards**

Summer Semester Assessment

**29th**

National Sports Day

It is with immense pride and a deep sense of satisfaction that I present the latest edition of the quarterly newsletter, Voice of Bright, as it completes its inaugural year and steps confidently into its second year of publication.

Over the past year, Voice of Bright has grown into a dynamic intellectual and creative platform of the English Department, providing our students with a meaningful space to articulate ideas, explore perspectives, and showcase their literary excellence. It stands as a reflection of our unwavering commitment to fostering critical thinking, effective communication, and a genuine appreciation for language and literature at Bright Foundation School.

The journey from the inaugural issue to this anniversary edition has been both inspiring and commendable. The richness of thought, consistency in quality, and originality reflected in these pages speak volumes about the dedication and synergy of our editorial team, teachers, and students. I extend my sincere appreciation to each contributor for their invaluable efforts in shaping this publication.

I would like to make a special mention of the Editor-in-Chief, Mrs. Imsutula Jamir, whose relentless efforts, meticulous coordination, and unwavering dedication have ensured the timely publication of each edition within the stipulated schedule. Her commitment and leadership have played a pivotal role in the continued success and growing stature of Voice of Bright.

I firmly believe that regular engagement in reading, writing, and creative expression through the quarterly newsletter, Voice of Bright, significantly strengthens linguistic competence and academic excellence. With sustained effort, proper guidance, and disciplined practice, our students possess the potential to achieve outstanding results, including securing 99/100 in English Language and Literature in the Class X Board Examination.

As we move forward, I encourage our young writers to continue to think boldly, write purposefully, and express themselves with confidence and integrity. Let Voice of Bright continue to evolve as a beacon of creativity and intellectual engagement, inspiring many more voices in the years to come.

**With love and respect,**

**Dr. Joy Singh Oinam**  
**Principal**  
**Bright Foundation School**

# The Editor's Uncut: A Year of Voices

The one-year anniversary of the 'Voice of Bright' newsletter marks more than just a chronological milestone; it represents a successful experiment in community-driven journalism. Over the past twelve months, this publication has transitioned from a hopeful debut into a consistent, indispensable pillar of our local discourse. The anniversary edition serves as a powerful testament to a mission that sought to illuminate the stories often lost in the noise of high-speed digital cycles, synthesizing a year's worth of growth and showing a sophisticated maturation in both editorial tone and visual identity.

A significant factor in this success has been the newsletter's unwavering commitment to human-centric storytelling. The editorial focus remains steadfastly on the people behind the headlines, with the anniversary retrospective on. This approach is bolstered by a newfound visual cohesion, where a transition to a more streamlined, minimalist aesthetic has significantly improved readability. The strategic use of white space and high-quality local photography makes the digital experience feel premium, curated, and deeply connected to its environment.

Furthermore, 'Voice of Bright' has distinguished itself by fostering a space for constructive, solution-oriented debate rather than the friction often found on digital platforms.

Ultimately, the first year of 'Voice of Bright' has proven that there is a deep, unmet hunger for news that feels personal, polished, and purposeful. If the initial phase was about building a foundation, this anniversary edition proves that the structure is not only solid but ready to expand into something even more impactful. It is a reminder that true brightness isn't just about the light we shine, but the clarity we bring to the shadows.

We started with nothing but a dream and a laptop. Today, we have a community. As we look toward the next year, our promise remains the same: to provide a platform that is uncut, honest, and uniquely ours.

Congratulations to the team on a remarkable first year and the continued pursuit of clarity and connection.

**Haobam Sanayaima**  
**PGT English**  
**Deputy Editor**  
**Voice of Bright**



**“Ma’am, I’ll never forgot you.”**

## **The Language of the Heart: A Ten-Rupee Reward**

As teachers, we often measure success in grades or disciplined classrooms. But sometimes, success arrives in the most unexpected form—like a ten-rupee tetra pack of juice on a winter afternoon.

Being a teacher at Bright Foundation School has been a journey of deep transformation for me. Coming from a different State, I faced a challenge I hadn’t fully prepared for: the language barrier. Not being able to speak the local language felt like living behind a glass wall. English was my only bridge to the students, and in the beginning, that bridge felt fragile. There were days of intense frustration where miscommunications left me feeling drained and out of place.

Nowhere was this more evident than with my former Class 7 students (now class 8). To be brutally honest, we had a rocky start. Between the large class size and the struggle to understand one another, there were moments of “trials and tribulations” where I wondered if I would ever truly reach them

But slowly, something shifted.

The very class I struggled with the most ended up becoming the most entertaining and joyful group I have ever taught. They didn’t just start learning English; they started using it to let me into their lives. They began sharing stories and jokes with me—a level of comfort and trust I hadn’t found anywhere else. We didn’t just find a common language; we found a common

bond. The breakthrough culminated last year.

I was sitting on the football ground, soaking up the winter sun during a break, when a quiet boy from that same class approached me. This student has always struggled with a stutter, but he walked up with a brave confidence.

In his limited English, and with that gentle stutter, he looked at me and said, “Ma’am, I will never forgot you.”

He handed me a small tetra pack of juice—a parting gift, as the long winter break was about to start.

In that moment, the frustration of the past year vanished. I realized that while I was worried about perfect grammar and correct translations, my students were learning something much more important: that I cared. And in return, they cared back.

People ask why we choose teaching. It isn’t for the ease of the job. It’s for the ten-rupee juice boxes. It’s for the student who stutters through a foreign language just to tell you that you mattered. This boy’s gesture was my biggest reward—a quiet confirmation that despite the language barriers and the rocky starts, I am exactly where I am supposed to be.

**Imsutula Jamir**  
**PGT English**  
**Editor in Chief**  
**Voice of Bright**

# Why I love Bright Foundation School...

## Messages from the students

*I love the school's supportive teachers and inclusive environment. I enjoy studying Mathematics, value the school's unique uniform, and appreciate the opportunity for every student to perform on stage to build confidence and discipline.*

**-Shiny, Class VI (A)**



*I love my school's excellent facilities and clear teaching. I value the many competitions for building confidence and uncovering hidden talents and I also enjoy the diverse activities offered, from fine arts to sports like football, kabaddi, and khokho.*

**-Roly, Class VI (A)**

*I love the school for its excellent facilities like smart classes and kind, loyal teachers. The school's diverse opportunities, including music, dance, and Olympiads, alongside travel opportunities and the supportive leadership of Principal Joy Oinam in help us discover our talents.*

**-Dewshow, Class VI (A)**

# What To Read?

BIDYARANI, LIBRARIAN

## Non Fiction:

1. You Can Win, Shiv Khera
2. Selling You!, Napoleon Hill

## Fiction:

1. Black Beauty, Anna Sewell
2. A Journey to the Center of the Earth, Jules Verne



# My Tummy Hurts

It is common for students to report physical complaints like headaches or stomach aches. While these can indicate illness, they are often physical manifestations of emotional discomfort, anxiety, or a need for support.

Children often lack the emotional vocabulary to express complex feelings. Instead of saying "I'm nervous about this test," they report feeling dizzy or nauseous. These symptoms are physically real to the child, serving as a signal that something emotionally isn't right.

## Common Triggers:

- Stress: Anxiety regarding schoolwork or social changes.
- Separation: Unease being away from caregivers.
- Connection: A subconscious desire for attention or comfort.
- Avoidance: Escaping a difficult task or uncomfortable situation.

## Parent Resource Corner:

- Validate: Stay calm and acknowledge their discomfort without judgment.
- Investigate: Use open-ended questions to uncover underlying worries.
- Identify Patterns: Note if complaints occur before specific classes or events.
- Build Vocabulary: Teach children to label emotions like frustrated or overwhelmed.

## Our Commitment:

At school, our staff and nurse prioritize open communication with families to ensure every child feels safe. Often, a quiet check-in is all it takes to build the trust necessary for a healthy, happy future.

**Reena, School Nurse**

# MY GUJARAT EXPERIENCE

**Veronica, Class X**



During my recent visit to Gujarat for the Prerana Program, I had a wonderful and unforgettable experience filled with learning, culture, and inspiration. I am sincerely thankful to our respected Principal, Dr. Joy Singh Oinam, for giving me this amazing opportunity, to Miss Ophelia, dance teacher, for her constant guidance and support, and to the English Department, Sir Sanayaima and Ma'am Imsutula, for providing me a platform to express myself through this newsletter.

The program was mainly about experiential learning, and it was not only educational but also enjoyable. We learned about the values and qualities a person should have to become a good leader. We visited many beautiful and historical places, learned about the rich culture and traditions of Gujarat, and interacted with students from different states. I also got the chance to taste delicious food from different states and experience the warm hospitality of the people there.

One of the most special moments for me was getting the opportunity to sit in the classroom where our Honourable Prime Minister once studied. We also visited the Vadnagar Railway Station and saw the tea stall where he once worked during his childhood. It was truly a rare and memorable experience.

During the program, we also played many indigenous games. I got the opportunity to participate in a podcast and learned how to create 2D and 3D objects using software like Canva and Tinkercad. Every moment of the journey taught me something valuable and helped me become more confident and independent. This trip will always remain one of the most special memories of my life.

# CULTURAL IMPACT OF HINDI IN NORTH-EAST INDIA

**Nilu, TGT Hindi**

In the linguistically diverse North-Eastern region of India, Hindi serves as a vital link language rather than a replacement for local dialects. By acting as a common medium of communication, it allows individuals from states like Manipur, Assam, and Nagaland to interact more effectively with one another. This linguistic bridge fosters greater understanding within the region and simplifies daily interactions for those traveling to major hubs like Guwahati or cities further afield like Delhi and Mumbai.

Proficiency in Hindi significantly expands educational and professional horizons for residents of the N-E states. Since many central government institutions, defense sectors, and competitive examinations utilize Hindi alongside English, knowing the language increases eligibility for diverse career paths. Beyond employment, it

provides access to a vast array of national media, including literature and news, which helps students integrate into the broader Indian socio-economic landscape while maintaining their unique local identities.

The adoption of Hindi contributes to national integration by strengthening the sense of unity across India's varied geographic boundaries. It is important to note that learning Hindi is a supplementary skill that promotes multilingualism rather than the neglect of mother tongues like Khasi or Assamese. By embracing a common national language, individuals can feel more connected to the country's collective identity without compromising the rich, traditional heritage of their own specific communities.



# THE MAP AND THE MUSE: GEOGRAPHY AS LITERATURE'S ARCHITECT

RABICHANDRA, PGT GEOGRAPHY

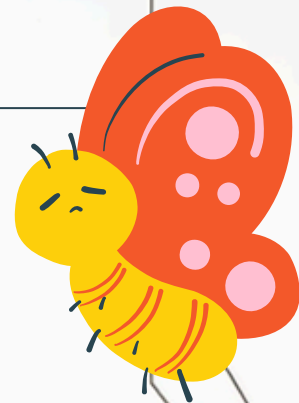


Congratulations to the English Department on the successful completion of one year of publishing your newsletter. This milestone reflects your dedication, creativity, and commitment to fostering a vibrant literary and academic community. Over the past year, the newsletter has undoubtedly served as a platform for sharing ideas, showcasing talent, and strengthening connections among students and faculty alike. Your consistent efforts in bringing out thoughtful and engaging content are truly commendable. Wishing the department continued success and many more years of inspiring publications ahead.

Geography and English are closely linked in an academic career because both disciplines rely on strong communication and analytical skills. Geography involves studying places, environments, and human interactions, which requires the ability to describe landscapes, explain patterns, and present research clearly—skills that are developed through English. Proficiency in English helps students read complex geographical texts, write reports, and present findings effectively at both national and international levels. At the same time, geography enriches English by providing real-world contexts, themes, and perspectives that enhance writing and critical thinking. Together, these subjects support a well-rounded academic foundation, enabling students to analyse global issues and communicate their ideas with clarity and impact.

## MATH CORNER: SHARPEN YOUR MIND

Read the riddles and try to guess which number is being described. Write your answers in the blanks provided



- 1 I am a two-digit number between 10 and 20. If you reverse my digits, you get a square of a square. The sum of my digits is 9. Who am I?

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- 2 I am a two-digit number between 25 and 45. The sum of my digits is 10 and the difference is a perfect square. I am a prime number, and even my reverse is prime! Who am I?

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- 3 I am a function or expression. My name suggests I have many parts (terms). Each term has a non-negative exponent of  $x$ . Examples include linear and quadratic forms. Who am I?

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- 4 I am an algebraic expression. I am a quotient of two polynomials. I can be broken into partial fractions. My denominator is never zero. Who am I?

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	13		20
18			06
	10	14	
	16	12	

Solve the magic square whose sum is 50

8	18	
	10	
16		

Solve the magic square whose sum is 30



BY  
NANA OBI  
PGT ICT



# LANDSCAPE OF CYBER THREATS IN 2026

As we move forward deep into 2026, the cyber threat landscape has never been more complex, driven by rapid advancements in technology, geopolitical tensions, and evolving attacker tactics. Organizations and individuals alike must brace for a year defined by AI-driven exploits, identity-centric attacks, and systemic vulnerabilities that challenge traditional defense models.

- **AI-Driven Autonomy:** Attackers deploy autonomous agents that scan, code, and adapt exploits in real-time, outpacing human-led defenses.
- **Identity-Centric Breaches:** Identity abuse is now the primary attack vector, using AI to harvest credentials and bypass MFA at scale.
- **Mainstream Deepfakes:** Hyper-realistic AI audio and video are used to impersonate executives and manipulate stakeholders for financial gain.
- **Adversarial AI:** Hackers target AI models directly through data poisoning and API abuse, turning defensive systems into internal threats.
- **Infrastructure & OT Vulnerability:** Attacks increasingly target power grids and healthcare systems, exploiting weak security in operational technology.
- **Quantum Harvesting:** Adversaries collect encrypted data today to decrypt it later once quantum computing matures, forcing a move to resilient cryptography.
- **Democratized Ransomware:** Ransomware-as-a-Service (RaaS) allows low-skill actors to launch sophisticated, anonymous, and high-impact campaigns.
- **Geopolitical Disinformation:** AI-generated fake content is used as a strategic tool to erode public trust and weaken societal resilience.

# WHY HOBBIES MATTER

Preety, Class VIII

Hobbies are very important in our lives. They help us build real-life skills that we do not always learn in school and also help us connect with people who share the same interests.

No matter how good a person is in studies, if they lack skills or do nothing apart from following others without thinking about themselves, they may get a steady job, but they may never feel truly happy. This is why it is important for everyone to have a hobby.

There is no age limit for hobbies. Anyone, whether young or old, can enjoy activities they love. Hobbies like drawing, reading, dancing, gardening, baking, singing, and sports help people relax and express themselves.

In today's generation, where mobile phone usage is increasing rapidly, the number of people who actively enjoy hobbies is becoming smaller. Many people spend most of their free time on screens and forget the joy of creative activities and real-life experiences.

People often struggle to find the right hobby. The best way is to try different activities such as painting, gardening, baking, reading, or sports. We do not discover hobbies by only thinking—we find them by trying. The activity that makes time pass quickly and brings true happiness is often the hobby that suits us best.

Hobbies are not just a way to pass time—they are an important part of personal growth, happiness, and a balanced life.



BY  
HASHIMA  
CLASS XI (SCIENCE)

Have you ever sneaked out and worn a sweater in October thinking winter is around anyways, hidden behind the door because you thought your mother would scold you for wearing it without asking, stayed silent while everyone searched for you, heard your mother crying, had your grandmother find you... and still stayed quiet?

Have you ever organised a literal funeral for a bat with your friends, complete with full procedures and unnecessary seriousness?

Have you ever watched the sunrise almost every day because insomnia decided sleep was optional?

Have you ever lit a matchstick, thrown it into a bin, watched the bin catch fire and nearly burn the house down... and still stayed quiet?

# HAVE YOU EVER

Have you ever gotten glass stuck in your skin after a deadly accident, felt nothing, looked at your crying friend, and then started crying too because not crying felt strange?

If you have ever, then congrats, you were an unusual child and now an unpredictable grown up!

Have you ever been hit by a motorbike, gotten up immediately, run into your house saying "I'm okay," looked at your injuries later, and thought, "My parents are going to kill me"?



# THE INSPIRING WORLD OF DEMON SLAYER

## Obama, Class VIII

In today's world of animation and storytelling, one series that has captured the hearts of millions is Demon Slayer. This popular movie and anime has become a favourite among students due to its exciting story, emotional depth, and inspiring characters.

The story of Demon Slayer follows a young boy named Tanjiro Kamado, whose life changes forever when his family is attacked by demons. Despite facing great tragedy, Tanjiro shows courage, kindness, and determination. His journey to become a demon slayer and protect others teaches us valuable life lessons. It reminds us that even in difficult situations, we must stay strong and never give up. One of the most beautiful aspects of Demon Slayer is its message about family and love. Tanjiro's deep bond with his sister Nezuko, who turns into a demon, shows that love can exist even in the darkest times. Instead of giving up on her, he protects her and believes in her humanity. This teaches us the importance of caring for our loved ones and standing by them no matter what.

The movie is also known for its stunning animation and artwork. The colorful scenes, detailed backgrounds, and powerful fight sequences make it visually amazing. Each scene looks like a painting, which makes watching the movie a wonderful experience. Students can learn how creativity and imagination can bring stories to life.

Another important lesson from Demon Slayer is discipline and hard work. Tanjiro trains very hard to become stronger, showing that success does not come easily. His dedication inspires students to work hard in their studies and activities. Just like

Tanjiro never gives up, we should also continue trying until we achieve our goals. Moreover, the characters in the story have unique personalities that make the story interesting. From the brave Tanjiro to the funny Zenitsu and the strong Inosuke, each character teaches us something different. They show that everyone has their own strengths and weaknesses, and together we can overcome challenges.

In conclusion, Demon Slayer is not just an entertaining movie but also a source of inspiration. It teaches us about courage, kindness, family values, and the importance of hard work. As



students, we can learn many positive lessons from this story and apply them in our daily lives. We hope you enjoyed reading this special article in our school newsletter. Let us continue to explore such inspiring stories and grow into better individuals.

BY  
CHARMY  
CLASS XI (SCIENCE)



# THE LITTLE SPARROW IN ME

It was a hot and humid summer day; the sun was shining as if in its prime. Like any normal day, my teacher was teaching something in class, and as I always do, I was in my own world with a running imagination. My classroom was located on the top floor of an old building. Believe me, the scenery from there looked so ethereal and breathtaking; we could see the roads, people traveling, and almost everything from up there. We also had a small balcony, and I always dreamed of sitting on a chair, reading a novel, and enjoying the scenery for four or five hours—a dream I obviously couldn't fulfill.

The weather felt somewhat cool and warm, like a hug that day. I was listening to my teacher, but then I was easily distracted by a little creature flickering its wings, standing on a closed window. I think it got into the class through the ventilation. It was a little sparrow. It looked so pretty with its tiny feet and flapping wings. I was admiring its beauty instead of listening to my teacher.

Then suddenly, a loud thud caught the attention of the whole class. It was the sparrow hitting the floor. It lay on the ground, flapping its wings tiredly, and then suddenly, it stopped moving. It lay there lifeless. My teacher picked it up and tried to get a response from it, but it didn't react. Some boys in the class were laughing as if it were something funny. I didn't get what was so funny about a bird losing its life. "Well, the generation nowadays could even laugh at a moving tree," said one of my old teachers, and I kind of agree with them.

I was moved by the situation; it left a great impression on me. The little sparrow, which was full of life just seconds ago, was now silent and dead. Well, if we look into it, our own lives are somehow similar to the sparrow. Recently, I realized that I have lost my charm and that I don't have the same interests as I did a few years ago. Our lives have changed.



# LETTERS I WISH I HAD READ

RAABIA, CLASS X

Dear Younger Me,

I know you spend a lot of time wondering if people like you, if you're saying the right things, or if you're enough. But honestly, most people are too busy dealing with their own problems to focus on yours. The things that feel embarrassing right now won't matter as much as you think they do. One day, you'll look back and laugh at some of them. Please stop trying to rush your life.

Right now, you feel like you're falling behind whenever someone else achieves something before you. You think success has a deadline, and if you don't reach it in time, you've failed. But that's not true. Everyone grows at a different pace. Some people figure things out early, while others take longer—and that's okay. You don't have to have everything sorted out right now.

There will be moments when you feel completely lost. Friendships will change. Some plans won't work out. There will be days when your confidence disappears for no reason at all. But being confused doesn't mean you're failing. Sometimes growth is uncomfortable and messy before it starts making sense. And please, learn to protect your peace.

You don't need to argue with everyone who misunderstands you. You don't need to keep people in your life who make you feel small. Stop exhausting yourself trying to prove your worth to people who refuse to see it. Most importantly, be kinder to yourself.

You are so hard on yourself over the smallest mistakes. You speak to yourself in ways you would never speak to someone you care about. Give yourself credit for the little things too. Rest when you need to. Forgive yourself more often. Life is already difficult enough without becoming your own biggest critic. And one more thing you should know:

The future you're so scared of won't always feel scary.

You'll survive the difficult days.

You'll heal from things you thought would break you forever.

You'll find new dreams.

You'll grow stronger little by little, even when you don't notice it happening.

And through all of it, you'll keep moving forward.

I'm really proud of you for that.

--- Your Older Self



# All Indian Football Federation



The **All Indian Football Federation (AIFF)** was established on June 23, 1937. The founding meeting was held at its original headquarters in Shimla, with representatives from six regional football associations, including the Indian Football Association (IFA) and the Army Sports Control Board.

Today, it acts as the premier governing body for football in India, overseeing national teams and competitions like the Indian Super League (ISL).

## Historical Foundations:

- **Nagendra Prasad Sarbadhikari:** Known as the "Father of Indian Football" for introducing the game in the 1870s and 1880s.
- **Pankaj Gupta:** Recognized as the first manager/coach of the Indian national team, appointed in 1938 for their tour in Australia.
- **Syed Abdul Rahim:** Considered the most significant early architect of modern Indian football, he managed the team during its "Golden Age" (1950–1963).

## Significant Achievements:

- **1948 London Olympics:** The AIFF participated in its first official international tournament.
- **1951 Asian Games:** India won its first major medal—a Gold Medal—by defeating Iran 1–0 in New Delhi.
- **1956 Olympics:** The team finished 4th, marking a significant early achievement.
- **1962 Asian Games:** Gold Medal.
- **1970 Asian Games:** Bronze Medal.

## League and Rankings:

The AIFF organizes various competitions, including the Santos Trophy, which began in 1941, and the National Football League, which started in 1996.

- **Highest Ever Ranking:** 94th (February 1996).
- **First Ranked Position** (as of records): 143rd (December 1992).
- **Lowest Ever Ranking:** 173rd (March 2015).
- **Current Rank:** 136th (as of April 2026).

# A Memorable Day

-Lamjingmangal, Class IX

So it was during summer camp last year when I was still in Class 8. We had all these events during summer camp, and on the third or fourth day, if I remember correctly, we had this expedition that the teachers took us on. We arrived at this town, and then further up there was this hill. We were going to hike on it, and when we arrived, the teachers and most of the other students chose to hike to the top using the path that was already there on the hill. But a few of us, me included, ignored that path and just started climbing up on the steep surface.

It was really fun, and it was also my first time hiking or even climbing a hill, which I had always wanted to do. I always loved hills and mountains, and I had always wanted to climb one, whether it was high or not. I ran out of breath a couple of times while I was climbing. I stopped on the slope to drink some water and breathe, as the air was definitely thinner up there. and the view was really amazing, I really loved it.

# Irabot Day Memories

-Mangal, Class IX

Last year, if my memory serves me correctly, our school held a truly memorable social work day to honor Irabot Day. It was one of those rare days where all the students from Class 6 to 10, participated and worked together to clear both of our school grounds. I also vaguely remember, clearing overgrown grass, shrubs, and stubborn weeds and I was actually enjoying every second of it. To be honest, it didn't even feel like work most of the time. I was having so much fun with my friends that it felt more like we had all met up just to hang out. I found myself laughing like an absolute maniac the entire day, turning a simple school chore into a memorable memory. Of course, the aftermath hit me the next morning when I woke up completely overwhelmed with muscle cramps from all that effort, but it was a small price to pay. Even with the soreness, it remains such a memorable day because of the sheer joy we found in working together.

I hope the school organizes the same Irabot Day again this year!



# My life with my family

-Gunchenbi, Class VIII

My family is the pillar of my life. We share a deep bond that connects us through both hardships and happy times. It is within my family that I receive unwavering support, strength and unconditional love. They stand for me in every way and never interfere with my goals or work instead, they offer the guidance, protection, and preparation I need to face life's many challenges.

My family provides a sense of comfort and a secure environment that reminds me I am never alone. We stand as a united front, providing one another with strength and encouragement.

It is often said that a strong, healthy, and educated family creates a strong neighborhood; a community of such neighbors eventually builds a developed nation. I believe family is incredibly important, though we sometimes don't realize it. For me, home is the place where I experience the true meaning of a fulfilling life.



# The spirit of Football: FIFA World Cup 2026

-Aleeson, Class VIII

The FIFA World Cup is the biggest and most exciting football tournament in the world. As the tournament is set to begin around June-July, millions of fans across the globe are eagerly waiting to witness this grand event. Countries from different continents come together to compete, making it a true celebration of unity and sportsmanship.

The FIFA World Cup is not just about winning matches; it is about passion, teamwork, and determination. Famous players like Lionel Messi and Cristiano Ronaldo have inspired millions with their incredible skills and dedication. Young players dream of representing their countries and playing on the global stage.

This Tournament also teaches students important values. It shows us how teamwork, discipline, and hard work can lead to success. Watching matches encourage us to stay active, develop sportsmanship, and respect others, whether we win or lose.

During the world cup, people gather with friends and family to enjoy matches, cheer for their favourite teams, and celebrate every goal. The excitement, energy, and joy created by this tournament are unforgettable.

As the FIFA World Cup 2026 approaches, let us celebrate the spirit of football and learn valuable lessons from these wonderful games.

# The Impact of Judging

-Bebo,, Class VII

Judging someone is one of the worst thing a human being can do. Many people face harsh criticisms everyday and lose the confidence and even the hope to live. As judging increases, we become more and more timid & insecure.

It does not depend on genders, males and females, both face many judging, it might be from the society, neighbours, friends and sometimes even parents.

We all should focus more in studies and our bright future rather than the criticisms we face. Ignoring the negative comments can only make us more scared to show our true limits. So lets all stay positive and show that judging is not the right thing to be done.

# Lamine Yamal

-Dayalsana,, Class VII

Lamine Yamal is one of the best young footballers in the world today. He was born on July 13, 2007, in Spain. From a young age, he showed great interest and talent in football. He joined the famous academy of FC Barcelona, where many great players have trained. Through hard work and dedication, he became one of the most promising players in the academy at the age of 15. Lamine Yamal is known for his speed, dribbling and confidence on the field. Today he is considered as one of the brightest young talents in football and has a great future. His story teaches us that hard work, passion, and dedication can help us achieve our dreams.

**Voice of Bright**

# Life outside the Books

-Losita, Class VII

Student's life is more than just studying from books. It involves gaining important skills and exploring personal interests. Participation in physical activities, cultural events, and group projects helps students build confidence, teamwork, and leadership skills.

Friendship is an important part of students life. Students rely on their friends for support and create memorable experiences together. However, they also face challenges such as managing time and handling pressure, which help them grow and become more responsible.

In today's technological era, student life is influenced in many positive ways, but technology should be used wisely.

# Arda Guler

-Arsalan,, Class VII

Arda Guler is a highly talented young footballer from Turkey, known for his creativity, vision, and technical skills. Born on February 25, 2005, in Ankara he began his professional career with Fenerbahce S.K., where he quickly gained attention as one of the brightest prospects in Turkish football. Guler mainly plays as an attacking midfielder and is admired for his dribbling ability, precise passing, and powerful long-range shots. His impressive performances earned him a move to Real Madrid C.F in 2023, one of the biggest clubs in the world. Often compared to other top young talents, Arda Guler is considered a future star in international football and an important player for the Turkey National football team.



# Lessons from a Teenager

-Menita, Class VIII

I learned that growing up is a quiet kind of storm – not loud, not sudden, but always changing something inside me.

I'm somewhere in between – not quite a child, not quite an adult. There is so much I long to share, so anyone won't have to learn the hard way, I did.

- Failure is not the final, it's a necessary part of learning and our key to grow better.
- We are all unique in our own ways but we need to give that uniqueness a chance and see where it will take us.
- People change, and it's okay to let go of friendships that no longer serve us.
- Establishing healthy habits, staying active and setting boundaries are vital for long-term health.
- Our value isn't based on other's judgements. We should not try to fit in and should learn to say 'No'!

## When Beauty meets Time

-Chengleinganbi,, Class VIII

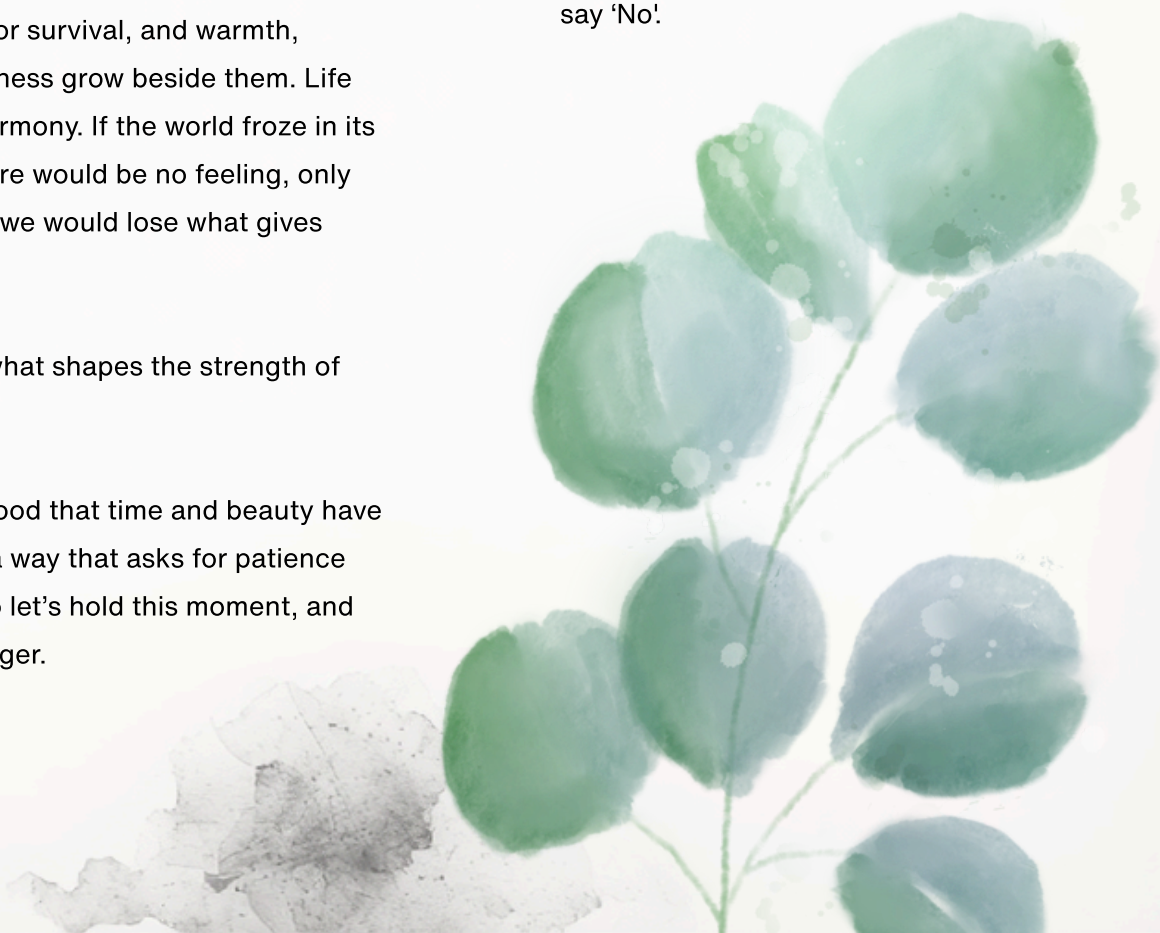
I always wonder why people in this world are always in a hurry when time moves at its own gentle pace. Maybe it's because our lives are short, but I think we forget that dying and decaying are also part of the beauty. Yet it seems everyone wants to be perfect, not simply blissful. So I began to imagine: What would happen when time meets beauty? What if flowers stayed in bloom forever, if every hour was golden or blue, if youth never faded? Would the world still feel as lovely as it does now?

When I explored this idea, the results surprised me. I realised the beauty of nature lives in its imperfectly perfect rhythm, where cruelty, struggle and darkness exist for survival, and warmth, gentleness and kindness grow beside them. Life dies and grows in harmony. If the world froze in its perfect moment, there would be no feeling, only emptiness, because we would lose what gives beauty its meaning.

The bare cruelty is what shapes the strength of kindness.

In the end, I understood that time and beauty have already met, just in a way that asks for patience and appreciation. So let's hold this moment, and keep it for a little longer.

**Voice of Bright**



# Step up One's Game

-Henthoi,, Class VII

To "step up one's game" means to raise the bar for yourself and perform better than before. When life puts obstacles in your path that's the perfect time to take the bull by the horns and give it your best shot. Everyone has moments where they fell stuck but the people who move ahead are the ones who choose level up instead of giving up. A positive mind is the real game changer. If you keep your chin up and believe you can improve, you have already won half the battle. Doubt and fear will always try to rain on your parade but you don't have to left them. Every expert was once a beginner who decided to keep going. Stepping up your game also means keeping your eye on prize. You can't hit a target you don't see so set clear goals and take it one day at a time. Go the extra mile when you can and put your nose to the grindstone when your work needs to be done. If you fall down dust yourself off and get back in the saddle. Overtime those little efforts add up and help you make waves in whatever you do. At the end of the day talent might give you a head start but effort is what carries you across the finish line. Don't wait for the stars to align. Hit ground running, trust yourself and keep moving forward. Lastly when you decided to step up your game the sky's the limit.

Voice of Bright

# Polaroids of Youth

-Aisha, Class IX

Some memories never fade, no matter how much time passes. They remain frozen like old Polaroids – slightly blurry, imperfect, yet deeply beautiful. Within these school walls live the little moments that quietly shaped our youth: laughter echoing through corridors, whispered conversations during class, rushed footsteps before the morning bell, and friendships that turned ordinary days into unforgettable ones. We entered these gates as children carrying simple dreams, never realizing how quickly the years would pass. Every classroom became a chapter, every goodbye a silent reminder that we are growing up. One day, these hallways may become distant memories, but the memories tied to them will stay forever. Because youth is not only measured by age – it is measured by the moments, people, and places that leave permanent photographs inside our hearts.



# Sylvia Plath

-Shildy, Class VIII

In today's fast-changing world, many young people struggle to understand who they are and what they want to become. The work of Sylvia Plath continues to reflect this confusion and self-discovery.

Born in 1932, Plath became one of the most influential poets of the 20th century. Her writing is known for its honesty and emotional depth. Rather than hiding her struggles, she expressed them through her powerful words and connected with readers on a personal level.

Her famous novel, *The Bell Jar*, tells the story of a young girl trying to find her identity while dealing with her inner conflict and pressure from society. The novel still resonates with students and young readers who often feel uncertain about their future.

Sylvia Plath showed that confusion is not a weakness but a part of growing and understanding ourselves. Her words encourage people to face their emotions honestly instead of ignoring them. Her life ended early but her works remain a powerful writing that continues to influence readers around the world

# Why Music Helps

-Lanchenba, Class X

Music changes our mood by activating the brain's limbic system, which governs emotions and memory. When we listen to music, our brains release neurochemicals like dopamine (pleasure), serotonin (well-being), and oxytocin (connection). The rhythm and tone physically alter our heart rate and neural oscillations to match the sound

Music triggers a surge in dopamine—the same reward chemical linked to eating or falling in love. It is released not just at the peak of a song, but also during the anticipation of a favorite melody or beat drop. Upbeat and harmonious music can naturally boost serotonin levels, lifting your mood much like standard antidepressants do.

Our subconscious associates specific songs with certain life moments, environments or moods, meaning a single note can instantly recall that emotional state.

Singing or actively making music in groups triggers oxytocin, which promotes bonding and trust while lowering the stress hormone cortisol.



# Under the Spell: Harry Potter

-Daniel,, Class VIII

Lately, I've found myself completely absorbed in the enchanting universe of Harry Potter. What started as simple curiosity quickly turned into a full-blown obsession from the very first chapter, filled with magic, friendship, adventure, and bravery.

Written by J.K. Rowling, the series follows the journey of a young wizard, Harry, as he discovers his true identity and attends Hogwarts School of Witchcraft and Wizardry. What makes this series so captivating is not just the magical spells or the mythical creatures, but the deep emotions and life lessons hidden within the story. One of the things I love most about Harry Potter is the strong friendship between characters like Harry, Ron, and Hermione. Their loyalty, courage, and bravery remind me how important it is to stand by your friends. There are also four houses named after the founders of Hogwarts: Godric Gryffindor, Salazar Slytherin, Rowena Ravenclaw, and Helga Hufflepuff.

Another reason for my obsession is the detailed world-building. From moving staircases to talking paintings, it feels alive and imaginative. It's easy to lose track of time while reading the books or watching the films because the world feels so real and immersive. Overall, Harry Potter has become more than just a story to me—it's an escape to the wizarding world. If you haven't explored this series yet, I highly recommend giving it a try. You might just find yourself as obsessed as I am.

**Voice of Bright**

# Social Media: Boon or Bane?

-Glorie, Class IX

In today's digital world, social media has become as common as daily conversation. From morning to night, people use platforms like Instagram, WhatsApp, and YouTube to connect, learn, and share ideas. It has changed the way we communicate and live our lives.

Social media has become an important part of our daily life. It helps us connect with friends and family, share ideas, and learn new things. Students can use it for education, communication, and staying updated with the world. In this way, social media is a boon.

However, social media also has negative effects. Too much use can waste time and affect studies. It can also lead to addiction and reduce face-to-face communication. Sometimes, false information spreads quickly and creates confusion.



# Women Empowerment

-Chelish,, Class IX

Women empowerment is not just a goal; it is a fundamental necessity for a thriving society. It means giving women the freedom to make their own choices, pursue their education, and follow their dreams without being held back by outdated rules or stereotypes. When women are empowered, they gain the confidence to lead, innovate, and contribute to every field—from science and sports to literature and leadership.

In the past, many doors were closed, and voices were often silenced. However, the world is changing. Today, we see women breaking barriers and proving that they are capable of achieving anything with hard work and dedication.

Empowerment begins with education and a supportive environment where every girl feels safe to express her true self.

By supporting one another and promoting equality, we can create a world where a woman's strength is celebrated and her potential is limitless.

Empowering women doesn't just change their lives—it changes the future for everyone.

Let us all work toward a brighter tomorrow where every woman can stand tall and say, "I am free to be who I want to be."

# My School Life

-Daniel, Class VI (B)

School has been a transformative journey for me, blending academics with lifelong friendships and character building. Moving from a small primary school to a larger secondary one was a huge shift that pushed me out of my comfort zone.

Participating in drama and science clubs helped me grow from a shy student into a much more confident person.

My teachers were more than just instructors; they were mentors who taught me discipline, respect, and patience. They created a safe space where I felt okay to fail and learn, eventually turning my weaknesses into strengths.

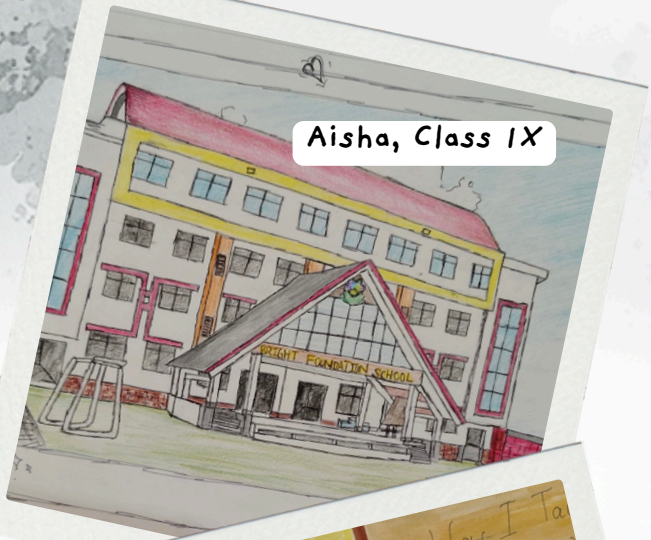
However, the best part of school was definitely the friendships. From sharing lunch boxes to supporting each other through the stress of exams, my friends made even the toughest days joyful. As I move on to the next phase of my life, I'm taking these invaluable lessons and memories with me.



Tomthinba, Class VIII



Aisha, Class IX

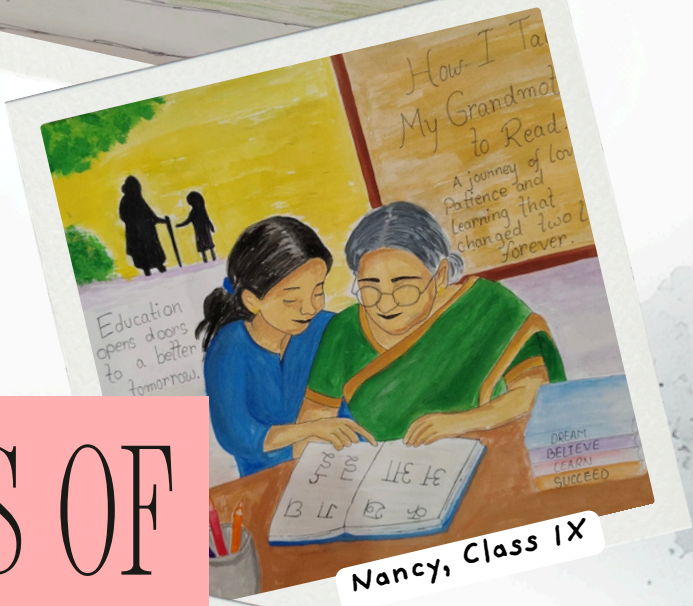


Yaiphaba, Class VII



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Nancy, Class IX



Luxmi, Class IX

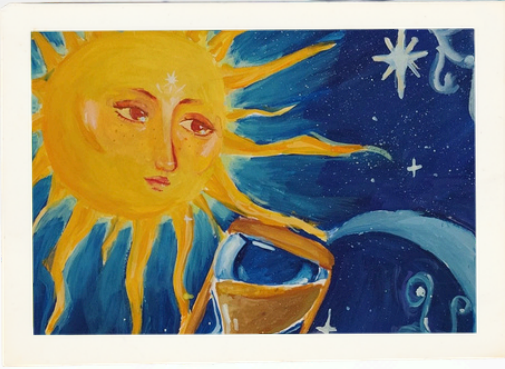


Lingjen, Class VIII



Lamnganba, Class VII





Henthoiba, Class VIII



Minamatum, Class VI B



Victor, Class VIII



Virat, Class VI (B)



Anganba, Class VII



Anania, Class VII



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